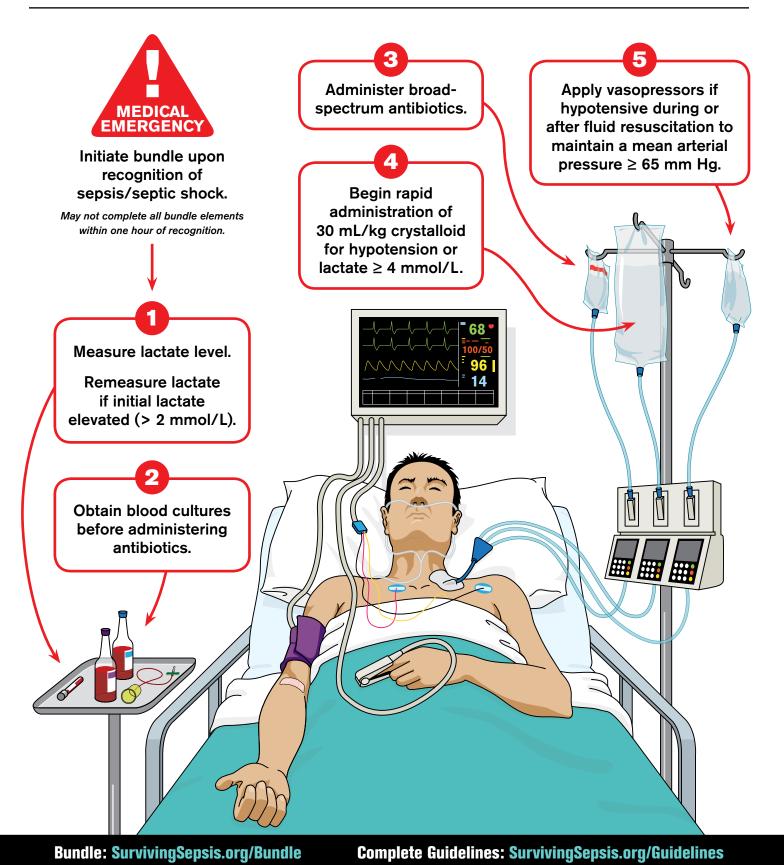
### **Hour-1 Bundle**

# Surviving Sepsis Campaign Campaign

#### **Initial Resuscitation for Sepsis and Septic Shock**







#### HOUR-1 BUNDLE: INITIAL RESUSCITATION FOR SEPSIS AND SEPTIC SHOCK:

- Measure lactate level.\*
- 2) Obtain blood cultures before administering antibiotics.
- 3) Administer broad-spectrum antibiotics.
- Begin rapid administration of 30mL/kg crystalloid for hypotension or lactate ≥4 mmol/L.
- Apply vasopressors if hypotensive during or after fluid resuscitation to maintain a mean arterial pressure ≥ 65 mm Hg.
- \*Remeasure lactate if initial lactate elevated (> 2 mmol/L).

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- 1. \*Act quickly upon sepsis & septic shock recognition
- Minimize time to treatment sepsis & septic shock are medical emergencies
- Monitor closely for response to interventions
- 4. Communicate sepsis status in hand-offs

\*All elements of the Hour-1 bundle may or may not be completed in the first hour after sepsis recognition

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BUNDLE

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